



Dr Barbara Barrie

Know 4 sure

When it comes to cancer, there are 4 key signs to look out for:

- 1. Unexplained blood that doesn't come from an obvious injury**
- 2. An unexplained lump**
- 3. Unexplained weight loss, which feels significant to you**
- 4. Any type of unexplained pain that doesn't go away**

Chances are it's nothing serious, but finding it early makes it more treatable. So if you notice any of these signs, tell your doctor.

**BE CLEAR
ON CANCER**